

2011 AUSTRALIAN PILGRIMAGE

REGISTRATION FORM

- This form is confidential and will only be used by hike4hunger team and will inform logistics and preparation and any medical or personal emergencies en route. This form relates to the *Australian Pilgrimage Itinerary 2011* with respect to dates/route.
- It has three sections to be completed by each hiker:
 - Personal Details
 - Medical Form
 - Hiker Asthma/Allergy Form (if applicable)
 - General Terms & Conditions
- Please contact Simon Lewis on simon@hike4hunger.org or 0432 321 898 with any questions.

A. Personal Hiker Details: *Please complete a Rego form for each individual Hiker								<i>Office use only:</i> Reg #		
First Name			Surname							
Sex		Male	Female	Date of Birth						
Address										
Town/Suburb				State		Postcode				
Home Phone				Mobile Phone						
Email Address										
Emergency Contact Name				Contact Number						
Hiking, Accommodation & Transport Details: Please tick the days you will be hiking and requiring accommodation for yourself										
Date	30 th Sept	1 st Oct	2 nd Oct	3 rd Oct	4 th Oct	5 th Oct	6 th Oct	7 th Oct	8 th Oct	
Hiking	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Accom.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Transport - Do you have transport to/from your place of arrival/departure on the hike?									Yes/No	
Transport - Would you like to/need to share transport to/from your place of arrival/departure									Yes/No	
Daily Fee of \$25		\$25 per hiker per day is payable to cover insurance/admin. Please go to our website www.hike4hunger.org and click on 'Donate' and make your donation through the various options available on the site. Please write the amount, date and reference number here							Ref:	
Any additional notes for us, including any support crew/friends/special requests?										



B. Medical Form & Indemnity			
Medicare Number		Are you a qualified 1 st Aider	Yes / No
Private Health Fund (if applicable)		Private Health Fund Number (if applicable)	
Are you currently using any sort of medication? If so, please list.			
Any other comments on your medical condition (previous injuries, conditions, req, etc)			
Indemnity & Permissions			
<i>"In the event of an accident or illness, I authorise the leaders of this trip, including hike4hunger staff, to make a decision regarding the need for any X-ray examination, anaesthetic, medical, surgical or hospital treatment as may be deemed necessary by a licensed physician and/or surgeon. I also authorise them to engage such treatment and agree to pay the appropriate fees for such service and treatment"</i>			
Name:			
Signed:		Date:	

C. Asthma / Allergy Form: <i>If you do not suffer from asthma / allergies, please disregard this form.</i>		
Name of Doctor treating you for asthma / allergy		
Doctor's Telephone Number		
Medication		
What medication do you take for asthma / allergy?		
a) Regular Medication		
Name	Dose	Frequency / day
b) For treatment of an attack		
Name	Dose	Frequency / day
Is your asthma / allergy triggered by particular factors? If so, please list.		
What are you allergic to?		
What symptoms do you experience?		
Do you have an asthma management plan? Yes / No		
<i>Please attach an up to date copy if you have a plan.</i>		



2011 Campaign Partner

D. Terms & Conditions

1. The hike4hunger team do not recommend that children under the age of 18 participate in the hike. Any decision for children under this age to participate will be at the sole discretion and supervision of their parents or guardians, having convinced the hike4hunger management as to the child’s capability.
2. The hike4hunger team have worked in partnership with the community along the route to secure in-kind support and services to ensure we keep our overall costs down. Please ensure you respect the property and facilities made available to us, and endeavour to leave them in the same condition as you found them.
3. The committee and organisers of hike4hunger request that no alcohol be consumed throughout the duration of the hike until the final celebration event at Thredbo.
4. For safety, logistics and general coordination of activities, as a hiker you will be required to take direction from hike4hunger management and its designated leaders on the hike
5. The route from Canberra to Mt. Kosciuszko becomes remote in places with no mobile telephone access. For emergencies, the hike leader will carry a satellite phone and a medical aid kit on the duration of the hike.
6. Hikers are requested to stick to designated bush paths and obey the Australian Highway Code with respect to walking on public roads or in towns and act responsible at all times.
7. Hikers are requested to ensure they are in suitable physical condition to undertake a walk of at least 30kms per day with a light day pack only. This includes selecting suitable footwear. It is recommended that trainers/light trail shoes are worn on the first 7 days of the hike, and waterproof, hiking boots on the last day of the hike ONLY. Please bring your own blister packs/bandages just in case.
8. A Risk Manual has been compiled for the route from Canberra to Mt. Kosciuszko. This manual is available should you wish to view a copy of this prior to the event. Please email your request to Simon Lewis at simon@hike4hunger.org
9. Finally, please remember this is a charity initiative. We have put our time and passion into designing a journey that we know will be a meaningful experience for you through spectacular scenery, and an important opportunity to reflect on the food security issue and World Food Day with some like-minded people. Raising awareness and participation are our first 2 objectives, but we also want to raise funds for our selected charity partner, The Hunger Project. Given the in-kind contributions we have already secured from our generous sponsors on this route, please make every endeavour to do your bit to raise your quota of a minimum of \$1000 to ensure we achieve our global target of AUD125,000.

Please sign and confirm you have **read** and **accept** these terms & conditions, and confirm your registration:

Signature:

Name:

Date: